

**“Why God Allows Hardships”
(Psalm 25)**

In Psalm 25 we find the cry of David’s heart as he goes through a very difficult time of hardship in his life. This prayer instructs us that we can make the most of difficult times by remembering that they are...

A Time to Lean upon God (1-3)

A Time to Learn from God (4-5)

A Time to Look to God (6-7)

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Small Group Discussion Guide

Icebreaker: Share about a time that you went through physical pain.

Discussion Questions

1. Why is Psalm 25:1 such a good way to begin a prayer?
2. Why are times of hardship opportunities for learning?
3. Why are the two attributes of God mentioned in Psalm 25:6 especially meaningful in times of hardship?
4. Why do you think David asks God to “not remember the sins of my youth?” (v 7) What can we do to break sinful habits?
5. The final verse of the Psalm (v 22) reminds us to think of others and to long for Christ’s return. Why is it important to think this way, especially in times of personal hardship?

Small Group/Family Prayer Time

Each person begin your prayer by reciting Psalm 25:1, and then adding personal statements of praise and trust in the Lord.

Digging Deeper

1. Read Psalm 25 and jot down all the qualities of God that are found. Prayerfully thank and praise God for each of these qualities one by one.
2. David asks God to help him not “be ashamed” (v 2-3), which can be caused by fear. Jot down how each of these verses can help us overcome fear in a trial. (Josh 1:9; Ps 27:1; 46:1-2; Is 41:10; 2 Tim 1:7; Heb 13:5-6)
3. In a trial it can be difficult to “wait” on God, yet David commits to this in Ps 25:5, 21. What do these other verses teach us about waiting on the Lord? (Is 25:9; 33:2; 40:31; Ps 27:14; 40:1-3; 59:8-11; 130:5-6; Prov 20:22; 1 Thes 1:9-10; Jas 5:7-8)