

“COMMUNION – What to Remember”

The Lord's Table is a time to remember Christ's sacrifice and its implications for us. As we begin a new year, let us remember . . .

C – **Confession of Sin**
(1 Cor 11:28; 1 Jn 1:9; Prov 28:13)

O – **Offering to God**
(Heb 10:12; Rom 12:1)

M – **Members of One Another**
(Rom 12:5; Eph 4:25)

M – **Messengers for Christ**
(1 Cor 11:26)

U – **Unconditional Love**
(Lk 23:34; Rom 5:8; Mk 11:25)

N – **Never Give Up**
(Heb 12:2; Matt 16:21; Acts 20:22-24)

I – **Identification with Christ**
(Gal 2:20; Rom 6:6)

O – **Oneness in Spirit**
(Phil 2:2; 1 Cor 12:13)

N – **New Beginning**
(Matt 26:29; Rom 6:4)

“Communion – What to Remember”

Small Group/Family Discussion Guide

Icebreaker: Share a favorite memory from this past year.

Discussion Questions

1. How does the communion ritual help us to deal with sin in our lives? Why is this self-examination so important?
2. Why was Jesus' sacrifice on Calvary sufficient to be a final, once-for-all payment? What difference does that make for us?
3. How should the communion ritual cause us to think about others in our church family?
4. Why is the Lord's Table (communion) such a central part of worship in the church?
5. What does “Father forgive them, for they know not what they do” tell us about our Savior's love? How can we follow this example?

Small Group/Family Prayer Time

Before praying as a group, someone read Ps 139:23-24, and then take a minute or two for silent prayer of confession to the Lord.

Digging Deeper

1. Reflect upon each of the 9 COMMUNION truths to remember in the acrostic. Jot down an action step you can/will take to apply each of these in the new year.
2. What do the following verses teach about the importance of unity within a church family? Acts 4:32; Rom 12:3-5; 1 Cor 1:10-11; 12:12-13, 25-26; Eph 4:1-3, 31-32 and Phil 2:1-5. What will you do to promote and preserve unity in our church in the new year?