

**"Dying to Live!"
(Romans 6:5-10)**

Jesus died and rose again, not only to save us from the penalty of sin, but also to deliver us from the power of sin in our daily lives. To experience this wonderful new life we must recognize and act upon our . . .

I. UNITY in Christ (5)

- **What We Have Been (5a)**
"For if we have been planted together in the likeness of his death..."
- **What We Shall Be (5b)**
"...we shall be also in the likeness of his resurrection"

II. LIBERTY in Christ (6-7)

- **Reason for Liberty**
"Knowing this, that our old man is crucified with him..."
- **Result of Liberty**
"...that the body of sin might be destroyed, that henceforth we should not serve sin. For he that is dead is freed from sin."

III. VICTORY in Christ (8-10)

- **Victory Over Death (8-9)**
"Now if we be dead with Christ, we believe that we shall also live with him: Knowing that Christ being raised from the dead dieth no more; death hath no more dominion over him."
- **Victory Over Sin (10)**
"For in that he died, he died unto sin once: but in that he liveth, he liveth unto God."

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Small Group Discussion Guide

Icebreaker: Our study addressed putting off the old and putting on the new. Share something old you recently disposed of and/or something new you recently acquired.

1. Share something from Sunday's study that spoke to you personally – a challenge? an encouragement? a good reminder?
2. Describe the difference between justification and sanctification. Is it possible to have one without the other?
3. What does Christ's resurrection mean to you personally? What does a person "look like" who is living in the power of the resurrection? in the home? workplace? church? trials? interpersonal conflicts?
4. If we have truly been freed from sin, why do we go back to it? What are some keys to overcoming a sinful habit?

Digging Deeper

1. Is there a sinful habit you are struggling with, like anger, bitterness, lust or something else? Write out Romans 6:1-2 on a small card and read it several times each day until you have it memorized. Recite these verses to yourself every time you are tempted to sin.
2. Make a chart of Col 3:5-20 listing the things of the "old man" found in Verses 5-9 in one column, and the things of the "new man" found in verses 10-20 in a second column. Review your chart and ask God to help you put off the old and put on the new.
3. Look up these verses on our union with Christ, His death – 2 Cor 5:14; Col 3:3; Gal 2:20; In His resurrection – Eph 2:1, 5; 2 Tim 2:11; Col 2:1. Consider also Jn 15:4-5. Jot down what each of these verses means to you personally. Do the same for 1 Jn 3:9; Gal 6:15; 2 Cor 5:17; Eph 4:24; and 2 Pet 1:4.

Next Week is Mother's Day!

Invite the whole extended family to come worship with us! We will honor our mothers and especially honor the Lord.