**“You Matter to God!”**

**(Psalm 139)**

**Today is “Sanctity of Life” Sunday, and we will examine a portion of God’s Word that reminds each of us of our high value in God’s eyes. According to Psalm 139, YOU matter to God because…**

1. **God Knows You COMPLETELY (1-12)**

*Genesis 3:8; Jeremiah 23:24; Matthew 6:8*

* **God Knows Your Ways (1-6)**
* **God Knows Your Whereabouts (7-12)**

1. **God Knows You INDIVIDUALLY (13-18)**

*Jeremiah 1:5; 29:11; Galatians 1:15-16*

* **In Your Pre-Natal Life (13-15)**
* **In Your Plans for Life (16-18)**

1. **God Knows You SPIRITUALLY (19-24)**

*Psalm 26:2; 51:6-10; 1 Corinthians 11:28; 1 John 1:8-9*

* **In Your Stand Against Sin (19-22)**
* **In Your Struggle With Sin (23-24)**

**“You Matter to God!”**

**Psalm 139**

**Small Group Discussion Guide**

**1. Share something from Sunday’s study that was the most interesting or**

**challenging to you, or that raised a question.**

**2. Read and discuss verses 1-6. As you think about how well God knows**

**you, how does that make you feel? How should God’s detailed knowledge of us motivate us to live?**

**3. Read and discuss verses 7-12. What are some ways that people try to**

**“run” or “hide” from God? Why is that always a foolish thing to do?**

**(Consider Genesis 3:8; Jeremiah 23:24)**

**4. Read and discuss verses 13-18. How do these verses teach us that God**

**has an individual plan for each of our lives? How should this truth affect**

**the way we live our lives? …the way we raise our children? How can**

**we know what His plan is for us?**

**5. Read and discuss verses 19-24. Should we have the attitude toward sin**

**expressed in verses 19-22? If so, how? If not, why not? How do verses**

**23-24 make a fitting conclusion to this psalm?**

**Digging Deeper**

**1. Psalm 139 reminds us that God had (has) a plan for our lives, even**

**while we were yet in the womb! Read the following verses and then jot**

**down a few statements of what you believe God’s plan is for your life.**

**(Isaiah 49:1, 5; Jeremiah 1:5; Galatians 1:15-16; Jeremiah 29:11)**

**2. What do the following verses teach us about the need to examine our**

**lives for sin? (Psalm 51:6-10; 1 John 1:8-9; 1 Corinthians 11:28;**

**2 Corinthians 13:5) Have a prayer time each day this week in which you**

**read Psalm 139:23-24 and let God thoroughly examine your life for sin.**

**3. Make it a point to show people how much you (and God) value them this**

**week by sharing an encouraging word or deed. Who will you encourage**

**this week? What will you say or do? Keep a log of this activity.**